

RESERVATIONS — We recommend making Spa reservations at least two weeks in advance to assure desired times. We have both male and female providers and you will be booked with either, unless you state a preference.

To schedule your treatments, touch Ext. 3193 on your guestroom telephone or call (707) 933-3193.

CANCELLATION POLICY — Because Spa treatments are reserved for you, you must notify us at least 24 hours in advance if you need to cancel or reschedule your appointments. 50% of the value of the treatment will be charged for cancellations or changes within 24 hours. Cancellations or no-shows within two hours of the scheduled appointment will be charged at full value. Same day appointments are non-cancelable and are charged at full value.

FACILITIES — The Garden Spa offers seven indoor treatment rooms, lounge, men's and women's locker rooms, co-ed steam room, and The Garden Gift Shop. Facility use is complimentary for hotel guests, and for walk-in guests with the purchase of any spa treatment.

POOL & FITNESS CENTER USE — Use of the Pool and Fitness Center are complimentary for hotel guests. Outside guests may enjoy these facilities with the purchase of a spa treatment.

WHAT TO WEAR — You will be provided a robe and slippers at the Spa. During all treatments, your body will be fully draped, except for the area being worked on. You will need a swimsuit for the Spa's co-ed steam room. The Garden Shop offers an excellent selection of swimwear and work-out attire.

PLEASE NOTE — The Spa is for adults only. Spa treatments for children under 18 may be arranged through the Spa Reception Desk. Alcohol, smoking, pagers and cell phones are not permitted in the Spa.

Gratuities are not included in the treatment price, but are always appreciated for outstanding service. Special envelopes are available at the Spa Reception Desk or a gratuity may be signed to your guest room account.

BEFORE YOUR TREATMENT — Please arrive at least 10 minutes before your appointment. Try to allow at least one hour between your last meal and your treatment and avoid the consumption of alcohol prior to your treatment.

THE GARDEN SPA & SHOP HOURS
Open daily from 9:00 a.m. – 8:00 p.m.

The Garden Spa

29 EAST MACARTHUR STREET
SONOMA, CA 95476

SPA 707-933-3193 · 800-722-1866

WWW.MACARTHURPLACE.COM



SIGNATURE TREATMENTS

ALL SIGNATURE TREATMENTS ARE 100 MINUTES IN LENGTH.

CITRUS TREE — \$225

Sweet Orange and Pink Grapefruit Bath, Mandarin Orange and Pink Grapefruit Body Scrub, and Sweet Orange Massage

LAVENDER DREAMS — \$225

Lavender Bath, Lavender Marine Body Wrap, and Lavender Essential Oil Massage

ROSE GARDEN — \$225

Rose Petal Bath, Rose Petal Body Polish, and Rose Essential Oil Massage

MINERAL BATH & ESSENTIAL OIL MASSAGE — \$225

20-Minute Mineral Bath and 80-Minute Essential Oil Massage

HEALING STONES & GARDEN MUD — \$225

Nourishing Garden Mud Wrap followed by a Healing Hot Stone Massage

PURELY POMEGRANATE — \$225

Pomegranate Body Polish, Pomegranate Bath, and Pomegranate Massage

BABY AND ME — \$225

This pregnancy treatment includes a Lavender Body Polish, Bergamot, Lavender, Ylang Ylang and Vetiver Massage, and Hydrating Lavender Body Butter Treatment.

RED RED WINE — \$225

Red Wine Grapeseed Bath, Grapeseed Body Polish, and Grapeseed Essential Oil Massage

ADAM — \$225

This energizing body treatment is designed specifically for men. Eucalyptus Body Scrub, Peppermint Bath, and Rosemary Massage

GOLDEN GODDESS — \$225

Golden Passion Flower Body Polish, Wrap, and Passion Flower Essential Oil Massage





DAY PACKAGES

SPOIL YOURSELF!

Facial, Massage, Lunch, and Spa Gift

100 MINUTES \$245

A DAY IN THE GARDEN

Signature Treatment, Facial,
Lunch, and Spa Gift

150 MINUTES \$345

FLOWER POWER

Scrub or Wrap of your choice,
Massage, Lunch, and Spa Gift

100 MINUTES \$245

SPA RADIANCE PACKAGE

Any three 50 minute treatments,
Lunch, and Spa Gift

150 MINUTES \$345

WINE COUNTRY ROMANCE

Couples Massage, Couples Wrap
or Scrub, Lunch, and Spa Gift

100 MINUTES \$245/PER PERSON



Now THAT YOU'RE RELAXED...

FINISH ANY TREATMENT WITH A
GLASS OF CHAMPAGNE FOR \$10.

MASSAGES

AROMATHERAPY MASSAGE

50 MINUTES \$118 100 MINUTES \$215

Choose from chamomile, clary sage, eucalyptus,
jasmine, lavender, orange, peppermint, rose,
rosemary, sandalwood, ylang ylang or grapeseed.
Your massage therapist can help you select your
essential oil at the time of your treatment.

COUPLES CHAMPAGNE & ROSES

PRICES ARE PER PERSON

50 MINUTES \$138 100 MINUTES \$235

Our Couples Massage enhanced with
Rose Petals and a glass of Champagne

COUPLES MASSAGE

PRICES ARE PER PERSON

50 MINUTES \$118 100 MINUTES \$215

PREGNANCY MASSAGE — \$118

PEPPERMINT REFLEXOLOGY
FOOT SOAK — \$125

GARDEN STONE MASSAGE — \$125

BODY TREATMENTS

GOLDEN PASSION FLOWER
BODY POLISH AND WRAP — \$118

Remineralizes, exfoliates, leaves skin radiant

FRANGIPANI FLOWER
CONTOURING TREATMENT — \$118

Hydrating, purifying, anti-cellulite

GARDEN SPA BODY POLISH — \$118

Choose from Sonoma olive oil, rose petal, eucalyptus,
lavender, pomegranate, citrus, or grapeseed.

GARDEN SPA BODY WRAP — \$118

Choose from French rose clay, garden mud,
lavender, or pumpkin.

FACIALS & WAXING

FACIALS INCLUDE A SKIN CARE CONSULTATION,
SKIN ANALYSIS, STEAM TREATMENT, PORE EXTRACTIONS
AND A FACE, DECLETOE AND HAND MASSAGE.

CERTIFIED ORGANIC BIODYNAMIC FACIAL — \$118

Biodynamic farming produces the most nutrient rich
ingredients known to nature. With a minimum of 95%
organic ingredients, the biodynamic collection offers
the finest, most potent ingredients available infusing
your skin with a more luminous, youthful appearance.

CUSTOM EMINENCE ORGANIC SKIN CARE FACIAL — \$118

A customized facial based on your skincare needs
using Eminence Organic products. Popular products
used include Lemon Cleanser, Stone Crop Mist, Blue-
berry Repair Soy Masque, Pumpkin Latte Masque, and
the Linden Calendula Treatment.

ALPHA BETA PROFESSIONAL FACE PEEL — \$125

A blend of alpha and beta hydroxy acids that
offer immediate results for any skin type improving
texture, firmness and radiance. Helps reduce fine lines,
enlarged pores, and controls acne and rosacea.

ALL SPA TREATMENTS ARE 50 MINUTES
IN LENGTH, EXCEPT WHERE NOTED

GENTLEMEN'S STONE CROP FACIAL — \$118

Stone crop is an intense healing plant used by
herbalists for centuries. It is healing and calming
for all skin types and will leave the skin radiant
and more youthful looking.

GARDEN SPA FACIAL — \$225

Our signature 100-minute facial including an
extended version of any of the above facials.
Also includes, facial waxing of your choice,
paraffin hand and foot treatment, and a scalp,
face, hand, and foot massage.

ANTI-AGING LIP TREATMENT — \$12

Includes lip exfoliation, plumping masque
and hydrating treatment. Can be added to
any facial treatment.

WAXING

Lip, chin and brow wax — \$15

Under Arm — \$35 Bikini Wax — \$45

Half Leg Wax — \$45 Full Leg Wax — \$85



WE CARE ABOUT YOUR GOOD HEALTH — Please let your provider know if you have any special physical or medical needs, or are uncomfortable during your treatment for any reason. Remember many of our treatments are physical in nature, meant to reduce stress, relieve tense muscles and muscle fatigue, stimulate lymphatic drainage or exfoliate your skin. As a result, a few of our guests may experience a variety of symptoms following a spa treatment including, but not limited to — soreness, minor bruising, skin redness and/or slight skin rash.